



Mesa Regal Pickleball Club

December 24, 2023

WEEKLY NEWS



WEBSITE: www.mrpickleballclub.com

FACEBOOK: facebook.com/groups/696462040860449
(Mesa Regal Pickleball Friends and Players).

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QR Registration Code



PLEASE REGISTER at www.mrpickleballclub.com to ensure you can participate in pickleball programs!! (438 registered already!!)
Thanks for wearing your name badge on the courts!!

SAFETY ON OUR COURTS

Did you know that Cal Am has an **AED** (Defibrillator machine) located on our pickleball patio (corner by the door) in the unfortunate scenario that someone on court may need it? The AED machine is a life saver for people going into cardia arrest. Thanks to Ethel Freeman for sharing this video on the CPR/AED machine with us. Click [HERE](#) to see how easy it is to save a life.. Also, by the defibrillator there are instructions of how to direct emergency vehicles to our address and pickleball area.

.....**AND SPEAKING OF SAFETY**....that is why we ask you to wear your nametag...if you happen to fall on court we need to know who to contact to ensure you are safe. Also, did you know we have a **FIRST AID kit** on the stage for those nasty little scrapes and **ICE packs** in the kitchen freezer in the clubhouse for any bumps or bruises that you may encounter.



911 Calls



Mesa Regal RV Resort, 4700 East Main Street, Mesa
Advise them you are located at West End Sport Complex...
Greenfield gates open until 7 pm (between Main & University)

- Stay with injured party. **DEFIBRILLATOR** (if needed) is located by the door on the pickleball patio.
- If there are additional people at the courts, first extra person goes to street level to direct emergency crews to courts.
- If there is another extra person - send them to the main entrance to provide directions to EMS as they arrive, if after 7 pm.
- Attempt to obtain emergency contact information.
ALL PLAYERS SHOULD CARRY ID (Identification) on person or bag. MESA REGAL NAME TAG A MUST!!

All persons with significant medical conditions pertinent to emergency care are responsible to have that info available.

Make sure you let a MRPC executive board member know about the incident.

Help your sport partners help you in an emergency situation.



RATINGS... Why Do We Need Them?

At Mesa Regal Pickleball we ask that our club members be rated to participate in scheduled skill level play. Our scheduled play was created to ensure that OPEN PLAY every morning remained social and a place to meet new residents as well as limiting participation to those who **ARE NOT IN SCHEDULED PLAY** that day. While we do try to steer players to areas of the court that meet their skill level, it is only suggested. Scheduled play, however, does require a skill level rating. Years ago we had club members volunteer to rate our players but as the numbers have grown, our Board voted to use DUPR or Pro Cert ratings if our members did not have a tournament rating (UTPR, PCO, WPR, DUPR). Rating systems are still in progress all over the country and the 'powers to be' are still trying to perfect the algorithms. It is a process for sure!

If you are interested in getting evaluated for a rating, the club has a rating coming up **SATURDAY, JANUARY 13** - Court 8 @ 3:30. If you are interested in joining this rating session, email our ratings chair Colleen Janus at ratingschair@mrpickleballclub.com or colleenlouisejanus@gmail.com and let her know your self rating so she can pair you with others.

MRPC CLUB SKILL RATING NEWS

DUPR Ratings Play - Sessions starting Sundays, Jan 7th!

For the second season, we are offering DUPR play sessions for members wanting to obtain a DUPR Rating. DUPR stands for **D**ynamic **U**niversal **P**ickleball **R**ating and is a nationally recognized pickleball rating system. Obtaining a DUPR rating is one way to get a rating to play in skill-level programs here at MRPC that require a rating.

The first session will be held on January 7th at 12:30 on courts 6, 7, and 8. They will run every Sunday. If you are interested, please sign up on the DUPR Sessions clipboard located on the stage near the pickleball courts.

The format for these play sessions is a round robin. You will play games against other members and your match results will be recorded and uploaded to the DUPR system by the Coordinator.

This program will initially be targeted towards members that currently have no skill level rating but would like to play to earn one. Use your self-rating to decide which week to attend. Here's a link to the [USAP description of skill levels](#) for your information.

January 7	Women	Beginners	(skill level 2.0 to 2.499)
January 14	Men	Beginners	(skill level 2 to 2.499)
January 21	Women	Intermediate	(skill level 3.0 to 3.499)
January 28	Men	Intermediate	(skill level 3.0 to 3.499)

If there is a need we can schedule more sessions in February. **ACTIONS NEEDED** after signing up:

- 1 - You must create a DUPR account and join our DUPR Mesa Regal "club".

Create an account by downloading the DUPR app and following the prompts, or at their website - mydupr.com/signup

- 2 - Once signed up and logged in scroll down to "Clubs", search for Mesa Regal Pickleball Club and Join Club. If you have played in tournaments before it's possible that you already have a DUPR profile. Make sure to search for yourself during sign up and if you see an account then "Claim your account" to prevent duplicates.

If you have any questions, please contact **Mike Pecot, program coordinator** or ColleenLouiseJanus@gmail.com , **Ratings Chair**.

HOW DO I GET MY NAME ON THE SCHEDULED PLAY LIST?

NOTE: Some of the scheduled play starting January 1st has changed. Program coordinators should contact you with any changes but look on the court schedule posted on the website if you want to see if there have been any changes to your scheduled play time.

A huge THANKS to our MRPC executive and the many volunteer coordinators for putting together such an amazing court schedule for this season. If you would like to be a part of any of these playing sessions or would like to find out more about the program, you can go to our club website www.mrpickleballclub.com and pull up the **COURT SCHEDULE**. Each scheduled program will have a coordinator's name (which is underlined). Click on the coordinator's name and you will be able to email them and find out all the ins and outs of that program.

You MUST be a registered member of the club to participate in any scheduled program. It is free and easy....go to the club website at www.mrpickleballclub.com and click on the link 2023-24 Season now available.

WANT TO IMPROVE YOUR PICKLEBALL GAME ????

Private lessons are available for MRPC members each Wednesday between 12:30 and 2:30 on court 2. Information on the instructors can be found at [MRPC INSTRUCTORS](#) - you can contact each directly, or contact craig.carlton@gmail.com who can match you with someone to suit your specific needs.

CAL AM RESORTS PICKLEBALL TOURNAMENT - TRY OUTS

This is a great tournament to play in. It is fun and you get to meet other players from other Cal Am Resorts. Each Cal Am Resort can send 3 teams per event (MD/WD/MXD) so it is an opportunity to have lots of our players involved. It looks like tryouts will be the weekend of January 13 & 14. Players **MUST** have a **skill level** rating of **3.999 or less** to participate. See more info in next Sunday's newsletter!!

PICKLEBALL MACHINE - ANOTHER WAY TO IMPROVE YOUR GAME !!!!

Our club has a pickleball machine that you can reserve and practice those shots you want in your repertoire! To see the updated **GUIDELINES** for reserving the pickleball machine....lovingly called **THE LOBSTER** go to our website www.mrpickleballclub.com , and click on **BALL MACHINE GUIDELINES**.

WEDNESDAY LADDERS

Ladders will resume January 3 with two sessions... 3.5-4.0 session 10:30-12:00 & 2.5-3.0 session 12:00-1:30. If you have not received an invite email from coordinator Carol, check out the court schedule and **CONTACT Carol Bowers** to get your name on the sign-up list.

SATURDAY SHOOTOUT RESULTS

PICKLEBALL PLAYERS



RAIN OUT let's hope next Saturday we are back to our sunny skies!!!

..... OR IS THAT RAIN dripping off you....lol



TOURNAMENTS

REMEMBER...If the tournament you are signing up for is sanctioned, you **MUST** have a USAPickleball membership to register. www.usapickleball.org and look under memberships.

UPCOMING LOCAL TOURNAMENTS - all tournaments can be found at
www.pickleballbrackets.com

CAL AM - VAL VISTA, Cal Am residents **ONLY** (Skill 3.999 & under) **January 31-Feb 2**
VENTURE OUT ALL CITY, Mesa Az - February 6-8 - **Registration opens January 5**. This is a **SANCTIONED TOURNAMENT** and you must have a USAPickleball Membership to register. This tournament is across the street and offers age/skill divisions (50+/60+/70+)

LEISURE WORLD, Mesa Az - February 15-17 - **Registration opens December 4**. This is a **SANCTIONED TOURNAMENT** and you must have a USAPickleball Membership to register.

CAL AM - CANYON VISTA, Cal Am residents **ONLY** - **March 6-8**

That's all for this week folks....keep safe, keep positive,
keep smiling, and happy playing!!!!

MORE 'OLD DAYS' CHRISTMAS SHENNANIGANS!!



Twas the night before Christmas

And out on the courts
Were all types of people
In runners and shorts

All of them beaming and shouting with joy
Happy as children with a new Christmas toy
Out of their bags, colorful paddles appeared
To the kitchen they scurried, lined up, and cheered
Let's dink it and drop it, let's volley and kill
The balls started bouncing as if without will
The sound from the paddles and balls as they rose
Moved all of the players to the tips of their toes
Cross court and forward, balls started to fly
When appeared an old player with a wink in his eye
Dressed in all red from his head to his toe
A smile on his face and a warm, cheery glow
0-0-2 he shouted as he served me the ball
He moved like the wind, barely saw him at all

Then all of a sudden, it was 11 to 0
As we lightly touched paddles, he said he must go
Before I asked where, he disappeared in a haze,
But I heard his farewell while still in my daze
"Keep playing and laughing and having your fun!
Merry Pickleball to all, my work here is done!"



A Poem By Greg LaVelle

MERRY CHRISTMAS TO ALL