

# **Mesa Regal Pickleball Club**

## **Weekly Announcements** - January 18, 2015

MRPBClub is a happening place....here is what's on this week.

### **Scheduled Play for this Week**

- Mon, Tues, Thurs-Sunday 7:30-10:30 & Wed 7:30-9:30 Open play**
- Monday - 10:30-12:30 Beginner Lessons** (sign up on bulletin board, limit 8)  
6:00-8:00 p.m. **Beginners Mixed Social** (Guys & Gals, just drop in)
- Tuesday - 10:30-12:30 Ladies Intermediate Social play** - just drop in  
3:30-5:30 **Interpark 4.0 play @ MRegal** (courts 3-7 used)
- Wednesday - 9:30-11:00 & 11:00-12:30 Ladders** sign up on bulletin board if you want to join ladders (all courts used)  
6:00-8:00 p.m. **Beginners Mixed Social** (Guys & Gals, just drop in)
- Thursday - 10:30-12:30 Ladies Intermediate Social play** - just drop in  
6:00-8:00 p.m. **3.5 Scramble** - sign up on bulletin board, **all courts used**
- Friday - 10:30-12:30 - Beginner 2 lessons** (must have taken beginner lesson, sign up on bulletin board, limit 8)  
1:00 - **Challenge courts** - level 2.5, 3.0, 3.5, 4.0 (one court each, drop in)
- Recycle Cans Friday**...bring those crushed cans down in the morning for the club.

### **GENERAL PICKLEBALL CLUB MEETING**

Thanks to all our members who came out to the first *General Meeting* of the year. It was great to hear your feedback and have a chance to share some of the things the club is doing. There will be no change to open play or ladders as the executive will meet and take all discussions and ideas under consideration prior to making any decisions.

REMINDER....if you have an idea for an event, social or competitive, please put your idea in the suggestion box. It is the ideas of the members that create a social atmosphere in the club. How about a BOCCE night, SHUFFLEBOARD afternoon or a ROLLE BOLLE day. Lots of fun ideas that members who are involved in other activities could bring to the Pickleball Club for a social event.

### **DEFIBRILLATOR PRESENTATION**

A huge thank you to Cheryl and Sandy (and our victim Chris!!) for showing how the defibrillator works and a review of CPR. It is important for all of us to be aware of what we can do in the case of an emergency, it can save the life of a friend.

If you missed the presentation or would like to review what you learned, there is a great website that gives you a step by step demo. Go to [www.zoll.com](http://www.zoll.com) and click on products, click on AED plus (on the left under 'product info') then click on video and/or Step by step demo. It is good information to view.

Also, Sandy has posted the address that you would report in a 911 call on both the inside of the defib box (near court 5) and on the bulletin board. It is important to state the GATE emergency vehicles should come in: **4700 East Main WEST GATE, ON GREENFIELD BETWEEN MAIN AND UNIVERSITY**. Cheryl & Sandy also said it is important to have someone take some notes on the event, i.e. time incident happened, if patient was complaining of anything or just went down, if/when CPR started, # of times shock was given (if it was), medical history of patient, medications, allergies, etc. You will find a pencil and pad of paper in the defib box.

This is also a good reminder for all of us to wear our name badges and fill in the membership form in the event something happens on the court so we have your name and contact information. Please check the contact info sheet on the patio table to make sure everything is correct for you.

### **VITOS RESTAURANT SOCIAL SUNDAY-FEB. 8th**

Keep your eyes open for a poster on Vitos Restaurant for our MRPBClub. A Sunday date for pre-Valentines Day meal would be a fun social. Get a group of your pickleball friends together and head over to Vitos, 20% of your bill will come back to the club to help with club expenses.

### **3.5 SCRAMBLE - Thursday, January 22 6-8:00 p.m.**

**NOTE:** All courts will be used Thursday night. Drop in play will not be available.

This is a fun event that you can sign up for on the bulletin board if you are a 3.5 skill level player. You DO NOT need a partner as partners will be chosen by random draw to start the games. Time is running out, sign up soon! For more info, email Jake at [jake.grandy@yahoo.com](mailto:jake.grandy@yahoo.com). Thanks, Jake, for organizing this event!!

### **SIMON - IS READY FOR ACTION**

Thanks to Pat and his group for showing many of our members how Simon can be used to help practice your pickleball shots. If you have taken the orientation feel free to get Simon on a court, if not please make sure you check with someone who knows how to run Simon effectively. There is a sign up sheet on Simon for you to fill in so we know how well he is being used. If you want to make sure Simon is available for you when you come down to the courts, you can reserve him on the white reservation board on the bulletin board. Be sure to put your name, site# and court 1 down for Simon. **Remember to replugin Simon in after you finish with him.** Beginning on Monday, Simon will be stored in the clubhouse during the day and locked up at night until we get a storage cabinet for him. Be sure to use the wheels on the dolly to move Simon and **DO NOT DRAG** the cart, it scratches the court surface.

### **LOST & FOUND**

Just a reminder to all our members, if you leave something down on the courts it goes into the lost and found box inside the clubhouse. If it is really something valuable, like a paddle, we often lock it up and put a sign on the whiteboard. Neil is missing a vest with a Rice Financial (?) logo on it. Currently there is a vest with Adams Lake logo on it, possibly someone picked up the wrong vest. Thanks to Neil who is always looking after our courts and placing our 'leftover stuff' in the lost and found box!!

### **COURT ETIQUETTE GUIDELINES**

As you enter the courts there is a sign with 10 guidelines to follow. Here are the first five of them for you to review and help the club out by following them:

- 1 - Non marking court shoes must be worn at all times on the court.
- 2 - You must have your name badge with you at all times.
- 3 - After playing a maximum of 2 games players must come off the court (unless reserved).
- 4 - When entering courts 1 & 2 or 3, 4 & 5, please have your **WHOLE** group ready and move quickly together with minimum interruptions to games in progress.
- 5 - When a ball from another court lands in your court **STOP** play immediately to avoid injury.

The next 5 guidelines will be listed in next week's newsletter or if you can't wait until then.....you can check them out on the signs on all the courts...ha ha!!!

### **LADDERS**

Be sure to arrive **15 minutes prior to your start time** of either 9:30 (**arrive at 9:15**) or 11:15 (**arrive at 11:00**) to make sure you not counted as a **NO SHOW**. Also, if you are not able to make it to ladders, please contact Cindy at [cjphill56@gmail.com](mailto:cjphill56@gmail.com) or Noella at [nmjohnson@shaw.ca](mailto:nmjohnson@shaw.ca) in advance so they can find a sub for you. Thanks to Cindy and Noella for doing their utmost to fill and fit participants into proper spots.

### **TOWERPOINT BEGINNER TOURNAMENT**

We have many of our Mesa Regal members participating in this tournament so come on over to Towerpoint and cheer them on. Towerpoint is looking for one lady to fill a 2.0-2.5 spot so if can help out our Towerpoint partners and fill this spot, email Sharon Athey at [shathey44@gmail.com](mailto:shathey44@gmail.com) . This tournament truly is a great experience for all those pickleball players who have never played in a tournament before or just want another fun tournament experience close to home.

### **CAL AM PICKLEBALL FUN DAY - FEB. 23 & 24th at VDO**

February 23 (Ladies & Mens doubles) & 24(Mixed doubles) at VDO (Valley Del Oro Resort). It is always a fun day where you meet lots of new friends from the other resorts and even get a free lunch :)! Sign up sheets are on the board so find a partner and come and try out for our Mesa Regal team. Round Robin tryouts are Feb 1 for Ladies and Mens and Feb 8 for Mixed. The poster and sign up sheets are on the bulletin board. If you have any questions, contact Neil Ranson @ Site# 2069 [dnranson@telus.net](mailto:dnranson@telus.net) or Nancy Stern @ Site# 1116 [ndstern@shaw.ca](mailto:ndstern@shaw.ca) .

**That's all for this week folks....keep positive, keep smiling, and happy playing!!!!**